



Discover exercise you'll want to do

Introducing Every Move, the new activity finder from Active Norfolk. The easy-to-use website has hundreds of activities, clubs, classes and walks all around Norfolk for you to discover.

On the site, you'll find detailed listings for ballroom dancing, yoga classes,

cricket clubs, kids cycling groups and so much more. Whether it's for social reasons, to get fitter or just for something to do, there's something for everyone.

Visit www.everymove.uk today to browse a range of exciting new activities and sports.

It's
Free!

**Every
Move**
ACTIVITY FINDER

www.everymove.uk